

## WELLESBOURNE PRIMARY AND NURSERY SCHOOL

### *Living to Learn, Learning to Live*

<b>RESPECT</b>	<b>EFFORT</b>	<b>ATTEND</b>	<b>COOPERATE</b>	<b>HONEST</b>
As emotionally intelligent young people we will listen to and value other opinions. We will create a safe and supportive environment where we will feel confident to investigate without fear of being wrong. To consider social and moral dilemmas, reflect on experience, explore reasoned views and moral and ethical issues.	We will learn to take risks in our learning and challenge ourselves and each other. We will be able to explain clearly our investigations and discoveries. We will develop our thinking skills and resilience so that we become motivated and independent learners.	We will learn the importance of concentration, listening and participating during all of our lessons. We value being on time and getting the most from all of our time at school. We will develop an understanding that by being in school and joining in we will get more from our school and support our friends and fellow learners.	As co-operators we will work together and support each other in developing and listening to our ideas. In doing so we will challenge and explore new learning. We will work together being kind, helpful and gentle to all our school community and valuing its diversity.	We will learn that being honest means being true to ourselves. That by being honest with ourselves we learn more and support our friends more. We will learn the importance of honest self evaluation to help us improve and become independent learners. We will learn that honest support of our friends will help them to be better learners.

### PERSONAL, SOCIAL, HEALTH AND EMOTIONAL CURRICULUM

	<b>AUTUMN</b>	<b>SPRING</b>	<b>SUMMER</b>
<b>YEAR 1</b>	<b>HEALTH AND WELLBEING</b>	<b>RELATIONSHIPS</b>	<b>LIVING IN THE WIDER WORLD</b>
<b>YEAR 2</b>	<b>HEALTH AND WELLBEING</b>	<b>RELATIONSHIPS</b>	<b>LIVING IN THE WIDER WORLD</b>
<b>YEAR 3</b>	<b>HEALTH AND WELLBEING</b>	<b>RELATIONSHIPS</b>	<b>LIVING IN THE WIDER WORLD</b>
<b>YEAR 4</b>	<b>HEALTH AND WELLBEING</b>	<b>RELATIONSHIPS</b>	<b>LIVING IN THE WIDER WORLD</b>
<b>YEAR 5</b>	<b>HEALTH AND WELLBEING</b>	<b>RELATIONSHIPS</b>	<b>LIVING IN THE WIDER WORLD</b>
<b>YEAR 6</b>	<b>HEALTH AND WELLBEING</b>	<b>RELATIONSHIPS</b>	<b>LIVING IN THE WIDER WORLD</b>

# YEAR 1

## During PSHE we will begin to know and understand....

AUTUMN	SPRING	SUMMER
<b>Health and Wellbeing</b>	<b>Relationships</b>	<b>Living in the Wider World</b>
<b>Health and Wellbeing</b> <ul style="list-style-type: none"> <li>• what is meant by a healthy lifestyle</li> <li>• how to maintain physical, mental and emotional health and wellbeing</li> <li>• how to manage risks to physical and emotional health and wellbeing</li> <li>• ways of keeping physically and emotionally safe</li> <li>• about managing change, including transition and loss</li> <li>• how to make informed choices about health and wellbeing and to recognise sources of help with this</li> <li>• how to respond in an emergency</li> <li>• to identify different influences on health and wellbeing</li> </ul>	<b>Relationships</b> <ul style="list-style-type: none"> <li>• how to develop and maintain a variety of healthy relationships, within a range of social / cultural contexts</li> <li>• how to recognise and manage emotions within a range of relationships</li> <li>• how to recognise risky or negative relationships including all forms of bullying and abuse</li> <li>• how to respond to risky or negative relationships and ask for help</li> <li>• how to respect equality and diversity in relationships</li> </ul>	<b>Living in the Wider World</b> <ul style="list-style-type: none"> <li>• about respect for self and others and the importance of responsible behaviours and actions</li> <li>• about rights and responsibilities as members of families, other groups and ultimately as citizens</li> <li>• about different groups and communities</li> <li>• to respect equality and to be a productive member of a diverse community</li> <li>• about the importance of respecting and protecting the environment</li> <li>• about where money comes from, keeping it safe and the importance of managing it effectively</li> <li>• how money plays an important part in people's lives</li> <li>• a basic understanding of enterprise</li> </ul>

## YEAR 2

### During PSHE we will begin to know and understand....

AUTUMN	SPRING	SUMMER
<b>Health and Wellbeing</b>	<b>Relationships</b>	<b>Living in the Wider World</b>
<p><b>Health and Wellbeing</b></p> <ul style="list-style-type: none"> <li>• what is meant by a healthy lifestyle</li> <li>• how to maintain physical, mental and emotional health and wellbeing</li> <li>• how to manage risks to physical and emotional health and wellbeing</li> <li>• ways of keeping physically and emotionally safe</li> <li>• about managing change, including puberty, transition and loss</li> <li>• how to make informed choices about health and wellbeing and to recognise sources of help with this</li> <li>• how to respond in an emergency</li> <li>• to identify different influences on health and wellbeing</li> </ul>	<p><b>Relationships</b></p> <ul style="list-style-type: none"> <li>• how to develop and maintain a variety of healthy relationships, within a range of social / cultural contexts</li> <li>• how to recognise and manage emotions within a range of relationships</li> <li>• how to recognise risky or negative relationships including all forms of bullying and abuse</li> <li>• how to respond to risky or negative relationships and ask for help</li> <li>• how to respect equality and diversity in relationships.</li> </ul>	<p><b>Living in the Wider World</b></p> <ul style="list-style-type: none"> <li>• about respect for self and others and the importance of responsible behaviours and actions</li> <li>• about rights and responsibilities as members of families, other groups and ultimately as citizens</li> <li>• about different groups and communities</li> <li>• to respect equality and to be a productive member of a diverse community</li> <li>• about the importance of respecting and protecting the environment</li> <li>• about where money comes from, keeping it safe and the importance of managing it effectively</li> <li>• how money plays an important part in people's lives</li> <li>• a basic understanding of enterprise.</li> </ul> <p><b><i>This topic links with English and mathematics.</i></b></p>

# YEAR 3

## During PSHE we will begin to know and understand....

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<b>Health and Wellbeing</b> <ul style="list-style-type: none"> <li>• what is meant by a healthy lifestyle</li> <li>• how to maintain physical, mental and emotional health and wellbeing</li> <li>• how to manage risks to physical and emotional health and wellbeing</li> <li>• ways of keeping physically and emotionally safe</li> <li>• about managing change, including transition and loss</li> <li>• how to make informed choices about health and wellbeing and to recognise sources of help with this</li> <li>• how to respond in an emergency</li> <li>• to identify different influences on health and wellbeing</li> </ul>	<b>Relationships</b> <ul style="list-style-type: none"> <li>• how to develop and maintain a variety of healthy relationships, within a range of social / cultural contexts</li> <li>• how to recognise and manage emotions within a range of relationships</li> <li>• how to recognise risky or negative relationships including all forms of bullying and abuse</li> <li>• how to respond to risky or negative relationships and ask for help</li> <li>• how to respect equality and diversity in relationships.</li> </ul>	<b>Living in the Wider World</b> <ul style="list-style-type: none"> <li>• about respect for self and others and the importance of responsible behaviours and actions</li> <li>• about rights and responsibilities as members of families, other groups and ultimately as citizens</li> <li>• about different groups and communities</li> <li>• to respect equality and to be a productive member of a diverse community</li> <li>• about the importance of respecting and protecting the environment</li> <li>• about where money comes from, keeping it safe and the importance of managing it effectively</li> <li>• how money plays an important part in people's lives</li> <li>• a basic understanding of enterprise.</li> </ul>

# YEAR 4

## During PSHE we will begin to know and understand....

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# YEAR 5

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# YEAR 6

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