



# Year 2

PSHE (Personal, Social, Health and Economic Education) is taught weekly at Wellesbourne, statutory changes have been made to our PSHE curriculum to include Sex, Relationships and Health Education. We have outlined the main focuses for each year group.

## Autumn Term

- ◇ **FAMILIES AND FRIENDSHIPS**—Making friends, feeling lonely and getting help
- ◇ **SAFE RELATIONSHIPS**—Managing secrets; resisting pressure and getting help; recognising hurtful behaviour
- ◇ **RESPECTING OURSELVES AND OTHERS**—recognising things in common and differences; playing and working cooperatively; sharing opinions

## Spring Term

- ◇ **BELONGING TO A COMMUNITY**— Belonging to a group; roles and responsibilities; being the same and different in the community
- ◇ **MEDIA LITERACY AND DIGITAL RESILIENCE**— The internet in everyday life; online content and information
- ◇ **MONEY AND WORK** What money is; needs and wants; looking after money

## Summer Term

- ◇ **PHYSICAL HEALTH AND MENTAL WELLBEING**—Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help
- ◇ **GROWING AND CHANGING**—Growing older; naming body parts; moving class or year
- ◇ **KEEPING SAFE**— Safety in different environments; risk and safety at home; emergencies

For a more detailed break down of lessons being taught throughout the year please see the curriculum page on our school website <https://wellesbourneschool.co.uk/learning/curriculum/pshe/>