

## Year 6

PSHE (Personal, Social, Health and Economic Education) is taught weekly at Wellesbourne, statutory changes have been made to our PSHE curriculum to include Sex, Relationships and Health Education. We have outlined the main focuses for each year group.

## **Autumn Term**

- FAMILIES AND FRIENDSHIPS—Attraction to others; romantic relationships; civil partnerships and marriage
- SAFE RELATIONSHIPS—Recognising and managing pressure; consent in different situations
- RESPECTING OURSELVES AND OTHERS—Expressing opinions and respecting others point of view, including discussing topical issues

## Spring Term

- BELONGING TO A COMMUNITY Valuing diversity; challenging discrimination and stereotypes
- MEDIA LITERACY AND DIGITAL RESILIENCE— Evaluating media sources; sharing things online
- MONEY AND WORK—Influences and attitudes to money; money and financial risks

## **Summer Term**

- PHYSICAL HEALTH AND MENTAL WELLBEING—What affects mental health and ways of taking care of it; managing change, loss and bereavement; managing time online
- GROWING AND CHANGING—Human reproduction and birth; increasing independence; managing transition
- KEEPING SAFE

  Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media

For a more detailed break down of lessons being taught throughout the year please see the curriculum page on our school website <a href="https://wellesbourneschool.co.uk/learning/curriculum/pshe/">https://wellesbourneschool.co.uk/learning/curriculum/pshe/</a>