



# Weekly Newsletter

Living to Learn, Learning to Live



## REACH FOR THE STARS

23.04.2021

### Key Dates

Monday 3rd May—Bank holiday.

Thursday 6th May—school closed for elections

24th, 25th, 26th, 27th and 28th May INSET Days.

Week beginning 31st May—school closes for half term

Tuesday 20th July—School closes for summer

**SPOT-LIGHT ON LEARNING**

Brook Agency RSE workshop for Y5 and Y6—June

Year 4 Monday Walk—begins Monday 19th April

Year 3 Tuesday Walk—begins Tuesday 20th April



### SINGING IN THE SUNSHINE!

Following DfE guidelines Miss Parr was finally able to bring singing back to school. DfE advice is that singing is can take place outdoors—lovely to see our children enjoying singing again—we missed it!

### READING @ WELLESBOURNE

Every parent knows that it's good to read to kids when they're little. It helps babies, toddlers, and preschoolers develop spoken language, recognise letters and words, and get ready for school. But it's actually beneficial to read to kids even after they can read on their own. Research shows that continued reading aloud after age 5 (and well beyond) improves reading and listening skills and academic performance (and is also loads of fun!).

We talked to a selection of our children in key Stage 2 children and discovered that they thought, "being read to was for babies!" We want to squash this idea and promote being read to at home. Here are a few reasons why it is so beneficial:

It improves comprehension, listening skills and vocabulary.

It provides positive modelling and helps discussing difficult issues.

It is a portal to your child's interests and a way to introduce different themes and genres

It sparks curiosity and a thirst for learning.

It is wonderful for bonding!

**Show us your child loves being read to at any age. Upload photos to your class seesaw page or tapestry! We would love to see them.**

### LEXIA @ WELLESBOURNE

Your child has access to Lexia, a computer-based programme that has helped millions of students with reading. Your child can access this programme independently at home. Many classes have set this up as homework. To access Lexia at home for extra practise all you need to do is...

Go to [www.Lexiacore5.com](http://www.Lexiacore5.com) or download the app (Lexia Core 5 reading)

Enter the teacher email: [lexia@wellesbourne.liverpool.sch.uk](mailto:lexia@wellesbourne.liverpool.sch.uk)

Log in using your child's username and password (child's first name and initial - lower-case - no spaces)

It is important your child works without any help. All the work your child does at home is recorded and monitored in school. This way, teachers can see when help is needed and provide additional instruction at school.

**Any problems logging on, please see your child's teacher.**



**Fastest Rock Speed—Olivia (Y5) 0.89 seconds**

**Highest Earner—James (Y3) 8,885 coins**

**Most Improved—Felix (Y4) improved average by 5.33 seconds**

**Star of the Week—James (Y4) 1,304 correct answers**



**Most Correct Answers—Tallulah (Y1) 212**

**Most Coins Earned—Octavian (Y2) 2059**

**Most Minutes Played—Jaden (Y2) 34 minutes**



**MENTAL HEALTH AND WELLBENG**

**Did you know? The NHS are promoting the 5 steps to wellbeing.**

- \*Connect with other people**    **\*\*be physically active**    **\*\*\*learn new skills**
- \*\*\*\*give to others**    **\*\*\*\*\*pay attention to the present moment (mindfulness)**

**GO TO THE NHS WEBSITE AND FIND OUT MORE**

<https://www.nhs.uk/mental-health/self-help/guides-tools-and-activities/five-steps-to-mental-wellbeing/>

**MINDFULNESS**

**Mindfulness is a way of training your mind to concentrate on the present, in order to feel calm and improve your mental state.**

To be mindful means to give something your complete attention. It means calming your mind, and thinking before you act. By doing so you develop a better mind and body connection, and this makes you more prepared to face the challenges life brings.

Mindfulness can help you develop a better connection with your mind and body and helps with something called emotional wellbeing. It teaches you to control your reactions to things and can help you get better at concentrating on tasks, interacting with your friends and, **most importantly, being kind to yourself.**

This is a fantastic way to prepare yourself for lots of things; starting your day with a fresh mind or even preparing for a good night's sleep.

**LUNCHTIME CLASSES**

Mrs Ellis has begun her lunchtime classes this week and is taking two sessions of yoga and mindfulness.

If your child has been involved in these classes, ask them what they did and how it made them feel.

Our children love these activities and get **'Learning to Live'** strategies which they can use at home—let them teach you some of their yoga postures.



**'Why fit in when you were born to stand out.'**  
**Dr Suess**

**THIS TERMS TOPIC IS HEALTH AND WELLBEING**

**Taking care of ourselves and each other** was the theme for the week .



**Look out for the PSHE page on our website for more details of what we are learning in PSHE.**

**YEAR 4 'THE WALK'**

Year 4 walk this week took them to **Crosby Marina**. A beautiful part of Merseyside. The children enjoyed the walk around the marina and through Marine Park. If you are thinking of somewhere different to take the children this week end Year 4 can guarantee you'll enjoy it.



**YEAR 3 'THE WALK'**

Year 3 walk this week took them to Delamere Forest. Delamere Forest is a large wood in the village of Delamere in Cheshire. The children enjoyed following one of the walking trails and noticed mixture of deciduous and evergreen trees the forest is famous for.

<https://www.forestryengland.uk/delamere-forest>



**ATTENDANCE IS ONE OF OUR VALUES.**  
**ATTENDANCE Superstars** last week are Year 2MB with 100% attendance all week!!  
**Well done Year 2MB**  
**PLEASE** try to make sure your child is in school, on time, every day.

<https://liverpoolunderlined.co.uk/destination/crosby-marina-lake-liverpool/>

# Weekly Newsletter Early Years

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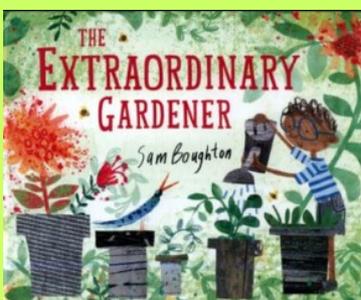
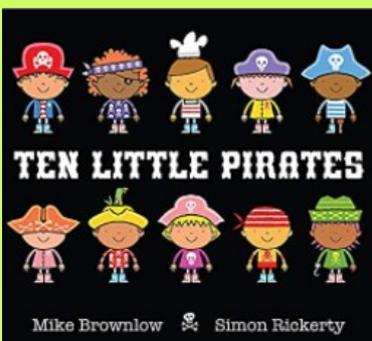
## Key Dates

Reception have P.E every Tuesday.  
Children are to come to school wearing their P.E kits.

**SPOT-LIGHT ON LEARNING IN OUR EARLY YEARS**

## SPOILER ALERT

We are reading these books a little bit at a time. It would be lovely if you want to read this book with your child but please wait until next half term when we will have finished the story! Then you can ask them all about what happens in the book.



## IN NURSERY THIS WEEK

This week in nursery we have continued our learning about Pirates! The children have had lots of fun exploring our 'pirate ship' role play and using the available props to create different story lines.

We have also spent lots of time practicing our numbers 0-10 and 2D shapes.

The children really enjoyed our game of 'pass the shape' and were excellent at recognising and naming the different shapes in the bag.

We have also been using phase 1 phonics to practice different nursery rhymes and recognising rhyme in spoken word as well as practicing writing our names.

We have all enjoyed spending time in our outdoor classroom playing lots of different games to promote physical development.

**Great work, especially when working together, everyone!!**



## IN RECEPTION THIS WEEK

This week in Reception we had a special visitor, Joe, the character from our new story "The Extraordinary Gardener". He looked suspiciously like Miss Rose and Miss Nesbit! The children thought about what questions they could ask in order to get to know him better.

Joe was very sad that the seed he had planted had not grown. The children suggested he should give his seed lots of water and put it in the sun.

We are going to do some planting of our own next week in our garden.

Watch out to see if our flowers grow!



In maths we have been subtracting single-digit numbers, using a number line and seeds to support our counting.

**Amazing effort this week everyone!!**

This is a drawing of Joe by Laura.



# NOTICEBOARD



Qwell.io is a free safe and anonymous online wellbeing platform, that is now available for adults in Liverpool (26+).

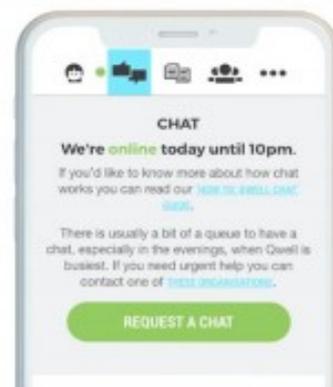
Qwell is commissioned in Liverpool by Public Health and is here to support adults in Liverpool by providing a space to access professional support without long waiting lists or thresholds.



Adults can join online peer support communities, access self-help materials or engage in drop-in or booked one-to-one online chat sessions with our experienced counsellors.

To find out more, or to book an information session please contact [liverpoolqwell@kooth.com](mailto:liverpoolqwell@kooth.com)

To book on to a prearranged Eventbrite (For all adults) to discover Qwell.io for yourself click on your preferred date below: [29/04/21](#) at 4pm or [05/05/21](#) 11:30pm



Sign up at [qwell.io](https://qwell.io)