



Weekly Newsletter

Living to Learn, Learning to Live



REACH FOR THE STARS

30.04.2021

Key Dates

Monday 3rd May—Bank holiday.

Thursday 6th May—school closed for elections

24th, 25th, 26th, 27th and 28th May INSET Days.

Week beginning 31st May—school closes for half term

Tuesday 20th July—School closes for summer



BANK HOLIDAY MONDAY—3RD MAY—school closed. Try to fit in one of our ‘top tips’ for reducing anxiety (see next sheet) during the Bank Holiday—or simply get outdoors in the fresh air!

WRITING @ WELLESBOURNE

This year, we have started using a new scheme called “Read to Write”. At the start of each unit of work, the children are shown images from a book and make predictions about what might happen. They begin to read the book and spend a few lessons learning new vocabulary and discussing characters and events so that they are really familiar with these. In the second phase of the unit, the learning focuses on key skills, such as sentence structures or punctuation, that are used by the author and we discuss the effect these have on the reader. In the third stage, the children begin to plan their own piece of writing, thinking about how they will use these key skills that they have learned. Finally, the children will begin to write; it might be a story, a newspaper report, a diary entry! This final stage can take a bit of time, as it is really important that the children write, proofread and edit their writing to make sure it is the best it can be – just like a real author!

Working Walls - Each class now has a Working Wall for our English lessons. This is a special display that we add to after each lesson, with words, pictures, examples of sentences and good work that the children have written. The children can then use this to help them when they are planning and writing their own work.

How can you help your child with their writing?

Easy! Talk, talk and talk some more! Read a book: talk about it. Go for a walk: talk about what you can see. Watch a film: talk about the character’s you liked or didn’t like. Talking and putting our thoughts into words is the first step to becoming a good writer. The school website has information about the grammatical skills that are learned in each year group. You can also help your child by making sure they practice their handwriting and spellings each week.

Chatterboxes – a simple game to develop speaking and listening skills. On small pieces of paper or card, write a list of topics that your child is interested in (and a couple they might not be!). Place these in a box or container. Take turns to choose one and have a chat about it.



Fastest Rock Speed—Olivia (Y5) 0.89 seconds
Highest Earner—James (Y4) 19,383 coins
Most Improved—Lena (Y4) improved average by 0.56 seconds
Star of the Week—James (Y4) 2,433 correct answers



Most Correct Answers—Rosie (Y1) 288
Most Coins Earned—Clayton (Y2) 2761
Most Minutes Played—Sebastian (Y1) 41 minutes



SPOT-LIGHT ON LEARNING

Brook Agency RSE workshop for Y5 and Y6—June

Year 4 Monday Walk—begins Monday 19th April

Year 3 Tuesday Walk—begins Tuesday 20th April

MENTAL HEALTH AND WELLBENG

Anxiety is a typical human reaction to stress. But too much anxiety can get in the way of living a healthy, happy life. If you feel caught up in your anxiety, try one or a few of the following exercises anytime and anywhere to find relief. The goal is to perform exercises that can quickly help you relax.

- 1. Relax by breathing
- 2. Relax by visualizing
- 3. Relax your muscles
- 4. Relax by counting
- 5. Relax by staying present
- 6. Relax by interrupting your anxious thinking

GO TO THE WEBSITE AND FIND OUT MORE

<https://www.healthline.com/health/anxiety-exercises>

EXTRA CURRICULAR ACTIVITES

	LUNCHTIME	AFTER SCHOOL
MONDAY	Mrs Ellis— Yoga Y6 & Y3	Brian Y4 cricket 3.15— 4.10
TUESDAY	Mrs Ellis— Yoga Y5 & Y4 Mrs Ryan— Gardening Y3	Mrs Ryan—Minecraft Y6 3:15– 4:00 Brian Y5 Gymnastics 3.15—4.10 Mrs Ellis— Film Club Y4 3:00-4:00
WEDNESDAY	Mrs Ryan— Yo- ga Y5 Mrs Ellis –Walk Group	
THURSDAY	Mrs Ryan Gar- dening Y5 Mrs Ellis—Walk Group	Miss Parr— Y4 Ukulele 3:15– 4:00 Miss Ellis— Y5 Bench- ball/ Dodgeball 3:00- 4:00
FRIDAY	Mrs Ryan Gar- dening Y5 Brian Gymnas- tics Mrs Ellis –Y5 Mindfulness	

THIS TERMS TOPIC IS

HEALTH AND WELLBEING

Ways of expressing feelings and emotions.

This week we have been discussing why it is important to find ways of expressing feelings and emotions. If we allow a feeling (like anger) to build up without expressing it., it can build up so much it explodes and this can come out in not very nice ways, like when someone shouts at you for no reason. Sometimes we feel worried, and this can lead to us feeling worried al the time. This feels like it builds into a big pile, sometimes it feels like a wall of worries. Some people like to draw or write –to get down or express their feelings. For others it is better to talk to someone.

Our staff are here to help.

If children are feeling worried or anxious we have two **worry boxes** placed through the school. If your child doesn't feel they can approach the teacher directly about their worries then tell them to make a note on a piece of paper and pop it in the **worry box**. Even if all they write is 'I need to talk to someone (and their name) we can help them to talk through their feelings and this will go a good way to making it better .



Look out for the PSHE page on our website for more details of what we are learning in PSHE.

"Nothing is impossible. The word itself says 'I'm possible'." Audrey Hepburn

YEAR 4 'THE WALK'

Year 4 walk this week took them to **Dream St Helens**. "Dream" is a 20 metre high sculpture located on the former site of Sutton Manor Colliery in St Helens, designed by world-renowned and award-winning artist, Jaume Plensa. You can see the sculpture (a young girls head, with her eyes closed, dreaming) if you drive on the M62 passing St Helens. The children were amazed at the size of the sculpture up close.



YEAR 3 'THE WALK'

Year 3 walk this week took them back to Delamere Forest. Children have been following another of the four trails through the forest. They have been enjoying the quiet relaxing atmosphere of the forest, where the canopy encloses the environment. <https://www.forestryengland.uk> > delamere-forest



ATTENDANCE IS ONE OF OUR VALUES. ATTENDANCE Superstars last week are Year 2CY with 100% attendance all week!! **Well done Year 2CY — Y2 are our attendance champions!** PLEASE try to make sure your child is in school, on time, every day.

<https://www.visitliverpool.com/things-to-do/dream-st-helens>

Weekly Newsletter Early Years

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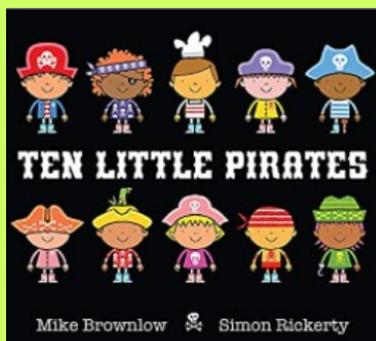
Key Dates

Reception have P.E every Tuesday.
Children are to come to school wearing their P.E kits.

SPOT-LIGHT ON LEARNING IN OUR EARLY YEARS

SPOILER ALERT

We are reading these books a little bit at a time. It would be lovely if you want to read this book with your child but please wait until next half term when we will have finished the story!
Then you can ask them all about what happens in the book.



IN NURSERY THIS WEEK

This week in nursery we have continued to have lots of fun learning about Pirates.
We have been using metal detectors to search for buried treasure in the sand pit looking for metal and non-metal objects and sorting them in to buckets.
We have also practiced our mark making while following along with Squiglet to draw a pirate.
We are continuing to learn about rhyme and the children enjoyed playing a game of 'odd one out', where they listen and choose the object that does not rhyme.

We have also spent lots of time outdoors; the children have really enjoyed using the mud kitchen this week.



Great work everyone!!



IN RECEPTION THIS WEEK

This week Reception were so excited to hear a knock at our door, there wasn't anybody there, but a letter had been posted to us.
The children predicted that it might be from Joe, the boy from our story 'The Extraordinary Gardener', and they were right. Joe sent us some instructions for planting a seed, we talked about what instructions are used for. We were delighted that Joe had also sent us some seeds, and we had lots of fun following the instructions to plant them. We have also been talking about what plants need to make them grow, and we will be looking after our pots to make sure that they grow.
In maths this week the children have been working hard to apply their subtraction skills. We have been continuing to practice subtracting with objects and a number line, but we have also been having a go at solving some subtraction word problems. In our independent challenges we have been practicing taking away amounts with our superhero playdough, using our super smashing power to take away the correct amount. We have also been practicing number sentences at our subtraction train station.



Amazing effort this week everyone!!



NOTICEBOARD



Don't feel you need to struggle alone!

Wellesbourne has been operating a food bank throughout the pandemic.

Providing support for our families when it is needed.

HELP us to HELP YOU.

Contact Miss Moore (our learning mentor): 0151 226 9765

if you need help or support.