

WELLESBOURNE PRIMARY AND NURSERY SCHOOL

PSHE Curriculum Map



PERSONAL SOCIAL HEALTH ECONOMIC EDUCATION												
Term	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6					
Autumn	Personal, Social and Emotional Development (EYFS Framework) Develop strong, warm and supportive relationships with adults Learn how to understand their own feelings and those of others. Start to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary. Learn to look after their bodies, including healthy eating, and manage personal needs independently. Learn how to make good friendships, co-operate and resolve conflicts peacefully.	Relationships Roles of different people; families; feeling cared for Recognising privacy; staying safe; seeking permission How behaviour affects others; being polite and respectful	Relationships Making friends; feeling lone- ly and getting help Managing secrets; resisting pressure and getting help; recognising hurtful behav- iour Recognising things in com- mon and differences; play- ing and working coopera- tively; sharing opinions	Relationships What makes a family; features of family life Personal boundaries; safely responding to others; the impact of hurtful behaviour Recognising respectful behaviour; the importance of self-respect; courtesy and being polite	Relationships Positive friendships, including online Responding to hurtful behaviour; managing confidentiality; recognising risks online Respecting differences and similarities; discussing difference sensitively	Relationships Managing friendships and peer influence Physical contact and feeling safe Responding respectfully to a wide range of people; recognising prejudice and discrimination	Relationships Attraction to others; romantic relationships; civil partnership and marriage Recognising and managing pressure; consent in different situations Expressing opinions and respecting other points of view, including discussing topical issues					
Spring		Living in the Wider World What rules are; caring for others; looking after the environment Using the internet and digital devices; communicating online Strengths and interests; jobs in the community	Living in the Wider World Belonging to a group; roles and responsibilities; being the same and different in the community The internet in everyday life; online content and information What money is, needs and wants; looking after money	Living in the Wider World The value of rules and laws; rights, freedoms and responsibilities How the internet is used; assessing information online Different jobs and skills; job stereotypes; setting personal goals	Living in the Wider World What makes a community; shared responsibilities How data is shared and used Making decisions about money; using and keeping money safe	Living in the Wider World Protecting the environment; compassion towards others How information online is targeted; different media types, their role and impact Identifying job interests and aspirations; what influences career choices; workplace stereotypes	Living in the Wider World Valuing diversity; challenging discrimination and stereotypes Evaluating media sources; sharing things online Influences and attitudes to money; money and financial risks					



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Summer	Personal, Social and Emotional Development (EYFS Framework) Develop strong, warm and supportive relationships with adults Learn how to understand their own feelings and those of others. Start to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary. Learn to look after their bodies, including healthy eating, and manage personal needs independently. Learn how to make good friendships, co-operate and resolve conflicts peacefully.	Health and Wellbeing Keeping healthy; food and exercise, hygiene routines; sun safety Recognising what makes them unique and special; feelings; managing when things go wrong How rules and age restrictions help us; keeping safe online	Health and Wellbeing Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help Growing older; naming body parts; moving class or year Safety in different environ- ments; risk and safety at home; emergencies	Health and Wellbeing Health choices and habits; what affects feelings; expressing feelings Personal strengths and achievements; managing and reframing setbacks Risks and hazards; safety in the local environment and unfamiliar places	Health and Wellbeing Maintaining a balanced lifestyle; oral hygiene and dental care Physical and emotional changes in puberty; exter- nal genitalia; personal hy- giene routines; support with puberty Medicines and household products; drugs common to everyday life	Health and Wellbeing Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies Personal identity; recognising individuality and different qualities; mental wellbeing Keeping safe in different situations, including responding in emergencies, first aid and FGM	Health and Wellbeing What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online Human reproduction and birth; increasing independence; managing transition Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media					